

Health Science 1

Abbreviations Commonly Used by Healthcare Workers (HCW)**

Quiz 1 abd - mm
 Quiz 2 ADL - N.S.
 Quiz 3 AU - IV
 Quiz 4 GI - y/o

October 7, 2015
 December 9, 2015
 February 17, 2016
 April 27, 2016

FINAL TEST ALL ABBREVIATIONS

May 11, 2016

QUIZ #1	October 7, 2015		1 st 9 Weeks
	Abbrev.	Meaning	Explanation
1.	abd	abdomen	area on the front of the body between the chest and the pelvis, the belly
2.	Ax	axilla, axillary	armpit
3.	cc	cubic centimeter	metric volume measurement
4.	cm	centimeter	metric length measurement
5.	c/o	complains of	concerns expressed by patient
6.	ER	endoplasmic reticulum	microscopic cell structure assisting with circulation; membrane consisting of canals
7.	FUO	fever unknown origin	elevated body temp with unknown cause
8.	Ⓕ	left	direction or location; be careful! ALWAYS THE PATIENT'S LEFT!
9.	LLE	left lower extremity	notice "left" is the first "L"! Extremity refers to arms/legs
10.	LLQ	left lower quadrant	abdomen and pelvic area divided into 4 parts
11.	LUE	left upper extremity	patient's left arm
12.	Ⓖ	right	direction or location; be careful! ALWAYS THE PATIENT'S RIGHT!
13.	ROS	review of systems	survey body systems
14.	RLQ	right lower quadrant	abdomen and pelvic area divided into 4 parts
15.	RUQ	right upper quadrant	abdomen and pelvic area divided into 4 parts
16.	MRSA	Methicillin resistant Staphylococcus Aureus	bacterial infection not killed by methicillin, an antibiotic
17.	LUQ	left upper quadrant	abdomen and pelvic area divided into 4 parts
18.	C&S	culture & sensitivity	lab test that grows microorganisms to identify an effective medication
19.	g or gm	gram	metric weight measurement
20.	kg	kilogram	metric weight measurement; 1 kg = 2.2 pounds
21.	mg	milligram	metric weight measurement
22.	ml	milliliter	metric volume measurement; 1 ml = 1 cc
23.	mm	millimeter	metric length measurement

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Abbreviations Commonly Used by Healthcare Workers (HCW)**

Quiz #2	December 9, 2015		2 nd 9 Weeks
	Abbrev.	Meaning	Explanation
1.	ADL	activities of daily living	eating, bathing, dressing, etc.
2.	BR	bedrest	doctor orders patient to remain in bed
3.	w/c	wheelchair	Example: "transport patient via w/c"
4.	ANS	autonomic nervous system	part of nervous system / regulates automatic functions
5.	dx	diagnosis	doctor's statement naming disease
6.	Ex	examination	physical examination
7.	Fx	fracture	bone is cracked or broken
8.	H&P	history & physical	patient's background story and head-to-toe examination
9.	Hx	history	patient's background story
10.	Rx	treatment	"recipe" for care
11.	s/s	signs & symptoms	signals you can see, smell, touch, hear or "feelings" patient expresses
12.	OA	osteoarthritis	bone and joint inflammation
13.	CAT or CT scan	computed axial tomography	x-ray imaging done in cross sections
14.	EEG	electroencephalogram	record of electrical activity of the brain
15.	PERRLA	pupils, equal, round, react to light, accommodation	assessment of eye and brain function. Accommodation = ability to see at various distances
16.	ASAP	as soon as possible	Example: "transfer patient to private room ASAP"
17.	<u>c</u>	with	Example: "give meds <u>c</u> food"
18.	d/c	discontinue	stop
19.	hs	hour of sleep	bedtime
20.	IM	intramuscular	pertaining to within muscle
21.	OTC	over the counter	medication secured without a prescription
22.	<u>s</u>	without	Example: "medication may be taken <u>s</u> food"
23.	STAT	immediately!	right now!
24.	tol	tolerated	Example: "patient tol procedure well"
25.	N.S.	nervous system	Example: "ROS revealed normal N.S."

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Abbreviations Commonly Used by Healthcare Workers (HCW)**

QUIZ #3

February 24, 2016

3rd 9 Weeks

	Abbrev.	Meaning	Explanation
1.	AU	both ears	(FYI <u>a</u> uris <u>u</u> terque) Example: "two drops AU once every day"
2.	AD	right ear	(FYI <u>a</u> uris <u>d</u> extra) Example: "two drops AD once every day"
3.	AS	left ear	(FYI <u>a</u> uris <u>s</u> inistra) Example: "two drops AS once every day"
4.	BP	blood pressure	force of blood on blood vessel wall
5.	C°	Celsius (capital letter "C")	official scientific temperature scale
6.	F°	Fahrenheit (capital letter "F")	temperature scale generally used in U.S.
7.	OD	right eye	(FYI <u>o</u> culus <u>d</u> extra) Example: "corneal abrasion OD"
8.	OS	left eye	(FYI <u>o</u> culus <u>s</u> inistra) Example: "corneal abrasion OS"
9.	OU	both eyes	(FYI) <u>o</u> culus <u>u</u> terque) Example: "corneal abrasion OU"
10.	AMI	acute myocardial infarction	severe heart attack
11.	CAD	coronary artery disease	disease of blood vessels feeding heart
12.	CAHD	coronary atherosclerotic heart disease	fatty material built up in walls of arteries that feed the heart
13.	CHD	congenital heart disease / coronary heart disease	congenital - born with heart disease coronary heart disease = coronary artery disease
14.	CHF	congestive heart failure	abnormal build-up of circulatory fluids due to heart disease
15.	DI	diabetes insipidus	increased urination; endocrine system disorder
16.	DM	diabetes mellitus	(sugar) - not enough or ineffective insulin
17.	MI	myocardial infarction	heart attack
18.	OM	otitis media	inflamed middle ear
19.	alb	albumin	blood protein; maintains water balance
20.	CBC	complete blood count	measurement of all components of blood
21.	EKG or ECG	electrocardiogram	record of electrical activity of the heart
22.	Hgb or Hb	hemoglobin	iron pigment protein of RBC's - carries O ₂
23.	Hct	hematocrit	measurement of the RBC volume as a % of total blood volume
24.	CVU	cardiovascular unit	hospital heart department
25.	CCU	coronary care unit	hospital heart department
26.	PVD	peripheral vascular disease	diseased blood vessels away from center of body
27.	IV	intravenous	within a vein

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Abbreviations Commonly Used by Healthcare Workers (HCW)**

QUIZ #4

April 27, 2016

4th 9 Weeks

	Abbrev.	Meaning	Explanation
1.	GI	gastrointestinal	pertaining to stomach and intestines
2.	NVD	nausea, vomiting, diarrhea	Example: "patient c/o NVD"
3.	BPH	benign prostatic hypertrophy	noncancerous enlargement of prostate gland (males only)
4.	COAD	chronic obstructive airway disease	long-term breathing problems - asthma, bronchitis, emphysema
5.	CRD	chronic respiratory disease	long-term breathing problems - asthma, bronchitis, emphysema
6.	COPD	chronic obstructive pulmonary disease	long-term breathing problems - asthma, bronchitis, emphysema
7.	GERD	gastroesophageal reflux disease	return of gastric fluids into esophagus
8.	PTX	pneumothorax	air in pleural space leading to collapsed lung
9.	STD	sexually transmitted disease	Examples: "Chlamydia, syphilis, gonorrhea, HPV"
10.	UTI	urinary tract infection	some area of the pathway for urine is infected
11.	ABG	arterial blood gas	measurement of O ₂ & CO ₂ in sample of arterial blood
12.	bid	twice daily	(FYI bis indie) Example: "walk patient in hallway bid"
13.	CAP	capsule	Example: "take 1 cap at hs"
14.	DNR	do not resuscitate	withhold CPR
15.	I & O	intake & output	measure liquid entering and leaving the body
16.	NGT	nasogastric tube	tube passed thru nose into stomach
17.	NPO	nothing by mouth	(FYI nil per os) Example: "NPO past midnight for am blood test"
18.	po	by mouth	(FYI per os) Example: "take 1 tab po c-meals"
19.	prn	as needed, as necessary	(FYI pro renata) Example: "Advil 200mg every 4-6 prn pain"
20.	TPR	temperature, pulse, respirations	Example: "record TPR every 8h"
21.	tab.	tablet	dose of small, solid medication
22.	t.i.d. or tid	three times a day	(FYI ter in die) Example: "range of motion exercises tid to R shoulder"
23.	VS	vital signs	BP, TPR
24.	x	times	frequency or number
25.	y/o	years old	patient's age

FINAL TEST

ALL ABBREVIATIONS

May 11, 2016